

# Video Capsule Endoscopy Prep Instructions

**Appointment Date:** \_\_\_\_\_

**Arrival Time:** \_\_\_\_\_

**Location:** 3040 N. Swan Road, Tucson, AZ 85712 (our office)

\* Clear liquid diet the day before the procedure.

\*\* Nothing to eat or drink after 12:00 am (midnight) the night before your procedure, please refrain from taking any medication the day of your procedure.

\*\*\* Please do not apply any lotion to the abdomen the day of the procedure.

Yes No

Stop the following medications 1 week before your procedure:  
Iron, NSAID's, aspirin.

## **MEN ONLY**

Prior to your appointment shave any hair from your abdomen. All hair 2 inches above and 4 inches below your navel and the width of your abdomen must be removed.

For additional information about our Practice, please visit our website at [www.tucsongastro.com](http://www.tucsongastro.com).